

Winter II 2024 Class Descriptions

Acrylic Painting – Join this fun all-levels class that will teach you how to mix colors and express yourself on canvas. *Supply list available in the Class Office.*

Advanced Beginners Bridge - Learn and practice your game more! This class is for players who know the basics.

Advanced Beginners Duplicate Bridge - the most widely used variation of contract bridge in club and tournament play. It is called *duplicate* because the same bridge deal (i.e. the specific arrangement of the 52 cards into the four hands) is played at each table and scoring is based on relative performance. In this way, every hand, whether strong or weak, is played in competition with others playing identical cards, and the element of skill is heightened while that of chance is reduced.

Advanced/Intermediate Canasta – It is perfect for anyone who just learned how to play, is returning to the game after learning years ago or anyone who enjoys practicing with instructional supervision. In a hand-on, active series of classes, you will play Canasta, improve your game skills, get faster, more strategic and learn signaling communication. This class is for players who know the basics.

Ageless Wisdom: Unlock Your Full Potential – Multi-media across the globe have turned the subject of guided imagery into one of the most popular tools for creating the life you want. By using a unique combination of soothing relaxing music along with mind/body techniques, the experience becomes an effective method for personal growth, self-actualization, and engenders an overall feeling of aliveness, balance and well-being.

Bead Jewelry Making – Beginners - - Learn how to make beautiful custom jewelry with beading & other bead decorated items. We will make a Bracelet and Necklace. We will learn how to use jump rings, crimps, and wire wrap.

Bead Jewelry Making – Intermediate – We will be learning peyote stitch, flat, odd, even and in the round. We will be making a peyote ring, bracelet, and earrings.

Beginners Bridge - Learn and practice the basics of bridge with instructor Masha Blutman.

Beginning Conversational Hebrew – A beginning Hebrew conversation class focusing on comprehension of basic two-word sentences and progressing systematically to the understanding and usage of complex sentences.

Beginning Conversational Hebrew – Part 2 – Part 2 of Beginning Hebrew Conversation using the vocabulary of the Part One class. Materials will be supplied.

Beginners Knitting - Come join us and learn knitting as a brand new skill or refresh the skills you previously had. We will make a Headband/Ear Warmer, Scrunchie For Hair, and a Scarf.

Brush Up On Your Bridge – Haven't played bridge in a while? Classes on reminding you of what you used to know and adding onto what you would want to know about bridge conventions and play of the hands.

Canasta For Beginners - Learn the basic techniques of playing the skilled game of Canasta. You will learn how to count points, keep score, and the play of the hand. Singles and couples welcome. ***PLEASE NOTE: 4 decks of cards (2 of each color) and a Canasta tray is required for class.***

Ceramics & Clay – Learn, create, and enjoy endless opportunities of making a beautiful piece of your very own.

ESL – Conversation – English as a second language. Improve your English. Do you want to be more comfortable living in English? English can be very difficult to understand and speak if it is not your first language. This is where you can ask questions and have conversations with no stress to help you understand and speak more clearly and comfortably in English.

Figure Painting & Drawing With Roberta – Using a quick-rapid style going from Impressionism to current concepts, Roberta takes an easy approach using bamboo brushes that she will supply along with watercolor or acrylics. The Class uses art supplies such as tempera, watercolor, acrylics, and brushes from China. Best Friends are always made in Roberta's wild classes. Various supplies are provided by Roberta.

Floor Cloth Painting – Create a one-of-a-kind piece of art using canvas that you could put on the floor with a non-slip backing, hang on the wall, or even use as a table covering. The class is for open-minded painters to create any style, any format, using many painting techniques, i.e., stencil, sponge, free form.

Fun With Acrylics – Main objective is to relax and enjoy painting. Beginners are welcome. Requirements are wanting to have some fun while dabbling in paints and produce art work that you can be proud of. Inspirations will be available.

Gail Smith's Beginners Bridge - Learn and practice the basics of bridge with instructor Gail Smith.

Great Comedians Of The 20th Century Who Made Us Laugh - . Marvin Glassman, a retired journalist who interviewed and wrote on many of these famed comedians for readers of the Florida Jewish Journal over the last 40 years. The 6-week course will look at the careers of great comedians of the 20th Century who created distinct characters, jokes and routines on stage, in films, and on television over the last century. Some of these people that made their names famous in stand-up comedy, both in the past and the present, are Johnny Carson, Jay Leno, Jerry Seinfeld and Rosie O'Donnell. Marvin will be recreating the famous jokes and routines of the comedians as well as discussions on the significance of these comedians on life in America.

Greeting Card Making Class – Looking for a creative activity? Join this fun class. Attendees will make 2 greeting cards at each class. Supplies and training will be provided. Class topics include layout design, techniques, color choices, sentiments, and embellishments. The cards will be suitable for season holidays and customizable for all special occasions.

Grow Younger Now! – Two certified coaches will introduce you to fun and easy ways to improve the total quality of your life! Fun and Health. It's a great combo!

Introduction To Acrylic Painting - For beginners and beyond. This course will cover the basics of acrylic painting from color mixing, composition, and perspective right up to shadows and highlights. Regardless of your artistic experience, there is always something new to learn, ways to improve and, of course, have fun.

Introduction To Astrology (Beginners) – Whether you are using Astrology for the first time, or just commencing to study the subject as a student, I would like to show you the fundamentals of Astrology. Astrology is mainly based on four fundamental factors: the 12 signs of the Zodiac, the 12 Houses, the Planets and Lights (Sun and Moon) and the aspects between them. When these are put together it is termed a horoscope or a chart. With this in mind, we will discuss the fundamentals of Astrology together.

Introduction To Iphone - Smartphones are used to make phone calls and send text messages but they can also be used for accessing the internet and check your emails, search the internet and much more. Some of the topics that will be covered are entering contacts: name, phone, email and address; making and receiving a phone call; text messaging; email; Photos: taking a picture, saving into album, sharing, using the calendar; Facebook, posting messages; messenger (privacy); searching the internet; notes; Instacart service; banking; maps, and other apps.

Israeli/Simcha/Line Dancing With Dassie – Step to step instruction to the most popular classic Israeli Dances. Great Music! Great Exercise! Fun party-like atmosphere. Come join the party & have fun!

Japanese Braiding Technique & Jewelry Making – Beginners – Learn a fun and interesting way to make beautiful jewelry using Kumihimo, an ancient Japanese braiding technique using multiple strands of cord. We will be making a bracelet and a necklace.

Keep Your Hebrew Alive – Using the Hebrew language that you know, you will not want to lose it. A class for reading short moral stories, short conversations, and dialog after. Every story will probably bring new vocabulary. It is a fun conversation class.

Learn How To Crochet -Have fun in this Beginners class where you will learn how to develop a new craft which can provide your days with relaxation and pleasure. We will make a bookmark, granny square purse, glasses holder, and a chapstick, keychain

Linoleum Block Printing – This course will introduce you to various methods of creating woodcut and linocut prints. Learn how to prepare wood and linoleum blocks, carve images by hand, apply ink with rollers, and print by hand using water-based inks.

Live A Happier Life! – Learn techniques to be more positive; learn how positive thinking can really change your life; learn life-changing techniques from a video that will be shown during the second class. Bring a notebook and pen.

Mah Jongg For Beginners – Learn this popular Chinese game which uses tiles with various designs. This game involves a combination of skill, strategy, intelligence, and a little bit of luck. ***PLEASE NOTE: Mah Jongg card is required for class.***

Mah Jongg: Intermediate Supervised Play – Instructing you to learn and enjoy Mah Jongg using various techniques and thinking skills to become a great player. ***PLEASE NOTE: Mah Jongg card is required for class.***

Mostly Acrylic & Texture – Celebrate your creative self, using acrylic and texture works of art with Patti McCully. Artists often combine different mediums to create unique works of art. Using acrylic paints along with various other mediums and techniques, you will create free-flowing, 3-D and/or textured abstracts. You don't need any experience in art, just a willingness to have fun.

Opportunity For Growth For Women – The group will provide both the challenge and the support to explore and experiment with ourselves, and with others. We can pursue individual issues, identify, and work through feelings and thoughts. Imaging and fantasies and exercises to promote awareness of self will be conducted. Structured as well as unstructured time will be available. "I look forward to witnessing your emotions, your growth and your progress. After all, you are "golden". Together we can be "magic". – Sylvia Gross

Pickleball Strategy And Positioning – Level up your skills with a deeper understanding of the game. This class is geared towards players who already possess GOOD SOLID fundamental skills and can consistently execute the basic shots of Pickleball. YOU MUST BE ABLE TO HIT FOREHAND, BACKHAND, DRIVES AND DROP SHOTS. This class is developed for more challenging recreation play and those considering tournament play. Each session will consist of a quick warm up, learning a skill, demonstration of the skill, practicing the skill and applying the skill to the game. Please bring your paddle. Please wear court shoes, NOT running shoes and proper athletic apparel. It is highly recommended to bring water and wear sun protection.

Practice Play – Beginners Duplicate Bridge - For beginning students who would like some extra practice & assistance while learning the game.

Proper Pickleball Fun And Fundamentals – Learn the proper basics of Pickleball in order to get out and play with friends and family. You will learn to play safely, proper equipment, practicing consistency of the fundamental shots, rules and scoring. Each session will consist of a quick warm up, learning a skill, demonstration of the skill, practicing the skill and applying the skill to the game. Please bring a paddle if you have one. Please wear court shoes, NOT running shoes and proper athletic apparel. It is highly recommended to bring water and wear sun protection.

Supervised Bridge With Masha - The class is a supervised play class, where the instructor will assist you while you play the game.

Tarot 1 - Beginners – Tarot Cards are enjoying a huge revival and are fast becoming a cultural phenomenon. In this 6-week course, you will learn the meaning of the major arcana (which consists of 22 cards each with its own unique symbolism. These cards represent overarching archetypes and themes relevant to our lives) and the minor arcana (which consists of 56 cards representing our everyday challenges and carries its own insights into various aspects of our lives). Come, let's take the journey together.

Tarot Cards II – Intermediate – In this class, you will learn how to decipher the meaning of readings by gaining insight into the intricate arrangements of the cards. The answers to questions and the meaningful answers derived from these spreads are rooted in symbolism, intuition and interpretation.

Tarot Cards III – Advanced – This new comprehensive program is designed to take your understanding of Tarot cards to new heights, empowering you to harness their wisdom for an expansive array of purposes. Delve into advanced card interpretations, intricate spreads, and the art of intuitive reading. Gain profound insights into relationships, personal growth, career choices, and spiritual guidance. Through immersive exercises, practical applications, and engaging discussions, you'll cultivate a versatile skill set that allows you to navigate life's complexities with clarity and confidence. Advanced tarotists will enjoy the challenge of the more complex layouts, while everyone on their tarot journey will delight in discovering new ways to see the story of their lives — and to have their important questions answered through these magical cards.

The Art Of Cartooning – Learn to draw cartoons with Michael, for fun and entertainment. **See flyer for supply list.**

The Meditation Circle – Our focus in this class is to deepen each participant's internal journey toward peace and fulfillment. There will be very little speaking in this class to emphasize the meditative time and experience. Join us in our journey toward the "Light".

Continued On Reverse Side

Theatre Improvisation Workshop - Students will learn theatre Improvisation by "doing" and having fun in the process. Training consists of voice and simple body warmups concentration, focus, relaxation} individual, group and partner Improvisations. All who have been bitten by the "acting bug" are invited to attend this fun, non-threatening workshop, whether you have had no theatre improvisation experience, are a trained actor or somewhere in between.

Theatre Improvisation Workshop (Master Class) - Students must have completed the beginner's class or have had previous training in theatre Improvisation to attend this fun, non-threatening workshop.

Under the Stars - As Astrology classes continue, you will explore yourself through the signs of the Zodiacs. The planets focus on you. Each week we will discover the planets and what they represent in your chart.

Wood Carving Class - We welcome you to join our wood carving class to learn how to create positive and negative wood carving.

Writing Memoirs With Lou Lifson - Join us for a fun time as we explore our (almost!) forgotten life experiences. Rediscover the colorful details of your past. Write about them for your children, grandchildren, posterity, or just to amuse yourself. Memoir Writing is a satisfying break from the present, as we focus on what has made our lives unique and memorable. And did I mention that we'll have fun?